

School PE Curriculum map

Foundation & Key Stage 1						
	Term 1 Personal	Term 2 Social	Term 3 Cognitive	Term 4 Creative	Term 5 Physical	Term 6 Health and Fitness
Year R	real PE Coordination Footwork & Static Balance One Leg	real PE Dynamic Balance to Agility Jumping & Landing & Static Balance Seated	real PE Dynamic Balance On a Line & Static Balance Stance	real PE Coordination Ball Skills & Counter Balance With a Partner	real PE Coordination Sending & Receiving & Agility Reaction/Response	real PE Agility Ball Chasing & Static Balance Floor Work
	Outdoor Play	real Gym Shape & Travel	real Gym Flight & Rotation	Outdoor Play	real Dance	Outdoor Pay
Year 1	real PE Coordination Footwork & Static Balance One Leg	real PE Dynamic Balance to Agility Jumping & Landing & Static Balance Seated	real PE Dynamic Balance On a Line & Static Balance Stance	real PE Coordination Ball Skills & Counter Balance With a Partner	real PE Coordination Sending & Receiving & Agility Reaction/Response	real PE Agility Ball Chasing & Static Balance Floor Work
	real Dance	real Gym Shape & Travel	real Dance	real Gym Flight & Rotation	Sports Day Games	Sitting Volleyball
Year 2	real PE Coordination & Static Balance One Leg	real PE Dynamic Balance to Agility & Static Balance Seated	real PE Dynamic Balance On a Line & Static Balance Stance	real PE Coordination Ball Skills & Counter Balance With a Partner	real PE Coordination Sending and Receiving & Agility Reaction / Response	real PE Agility Ball Chasing & Static Balance Floor Work

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	real Dance	real Gym Balance & Travel	real Dance	real Gym Flight & Rotation	Sports Day Games	Sitting Volleyball
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Years 3 & 4

	Term 1 Personal	Term 2 Social	Term 3 Cognitive	Term 4 Creative	Term 5 Physical	Term 6 Health and Fitness
Year 3	real PE Coordination Footwork & Static Balance One Leg	real PE Dynamic Balance to Agility Jumping and Landing & Static Balance Seated	real PE Dynamic Balance On a Line & Coordination Ball Skills	real PE Coordination Sending and Receiving & Counter Balance With a Partner	real PE Agility Reaction / Response & Static Balance Floor Work	real PE Agility Ball Chasing & Static Balance Stance
	Netball	real Gym Travel & Rotation	real Dance	real Gym Flight & Balance	Tennis	Sports Day
Year 4	real PE Coordination Footwork & Static Balance One Leg	real PE Dynamic Balance to Agility Jumping and Landing & Static Balance Seated	real PE Dynamic Balance On a Line & Coordination Ball Skills	real PE Coordination Sending and Receiving & Counter Balance With a Partner	real PE Agility Reaction / Response & Static Balance Floor Work	real PE Agility Ball Chasing & Static Balance Stance
	Hockey	real Gym Balance & Rotation	real Dance	real Gym Flight & Travel	Football	Sports Day

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Years 5 & 6						
	Term 1 Cognitive	Term 2 Creative	Term 3 Social	Term 4 Physical	Term 5 Health & Fitness	Term 6 Personal
Year 5	real PE Coordination Ball Skills & Agility Reaction / Response	real PE Static Balance Seated & Static Balance Floor Work	real PE Dynamic Balance On a Line & Counter Balance With a Partner	real PE Dynamic Balance to Agility Jumping and Landing & Static Balance One Leg	real PE Static Balance Stance & Coordination Footwork	real PE Coordination Sending and Receiving & Agility Ball Chasing
	Tag Rugby	real Dance	real Gym Social	real Gym	Tennis	Sports Day
Year 6	real PE Coordination Ball Skills & Agility Reaction / Response	real PE Static Balance Seated & Static Balance Floor Work	real PE Dynamic Balance On a Line & Counter Balance With a Partner	real PE Dynamic Balance to Agility Jumping and Landing 1 Static Balance One Leg	real PE Static Balance Stance & Coordination Footwork	real PE Coordination Sending and Receiving & Agility Ball Chasing
	Football	real Gym	real Dance	real Gym Social	Rounders	Athletics/Sports Day