

29th Aug – 19th Sep – 10th Oct – 31st Oct – 21st Nov – 12th Dec – 2nd Jan – 23rd Jan – 13th Feb

WEEK 1

PRIMARY SCHOOL MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT Choice	Pork Meatball Pasta (GL)	Pork Sausage & Mashed Potatoes (GL-SU)	Roast Turkey with Roast New Potatoes & Gravy (SU)	Chicken Wrap with Rainbow Rice (GL)	Battered Fish Fillet with Chips & Pantry Ketchup (GL-FI)
VEGETARIAN Choice	Cheese & Bean Quesadilla (GL-CE-SU-MI)	Macaroni Cheese (GL-MU-MI)	Vegetable Wellington with Roast New Potatoes (GL-SU)	Margherita Pizza with Pasta Salad (GL-MI-SU)	Spanish Omelette with Chips & Pantry Ketchup (EG-MI)
JACKET Potato	Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)	Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)	Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)	Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)	Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)
VEGETABLES	Sweetcorn & Peas	Green Beans & Carrots	Carrots & Broccoli	Green Beans & Cauliflower	Peas & Sweetcorn
DESSERT	Fruit Yoghurt (MI)	Courgette & Lime Cake (GL-EG-MI-SO)	Fruit Jelly	Blackberry & Apple Crumble with Custard (GL-EG-MI-SO)	Fresh Fruit



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ALLERGY KEY
 CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG
 FISH - FI / LUPIN - LU / MI - MILK / MUSTARD MU
 NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE / SOYA - SO
 SULPHUR - SU / MOLLUSCS - MO

The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.



BREAD CONTAINS - GL - MI - EG - SO

5th Sep - 26th Sep - 17th Oct - 7th Nov - 28th Nov - 19th Dec - 9th Jan - 30th Jan

WEEK 2

PRIMARY SCHOOL

M E N U

MEAT
Choice

MONDAY

Homemade Beef Pasta Bolognese (GL)

TUESDAY

Chicken Pizza with Rainbow Rice (GL-MI)

WEDNESDAY

Roast Gammon with Skin on Roast Potatoes & Gravy (SU)

THURSDAY

Mild Creamy Butter Chicken with Rice (MI-SU)

FRIDAY

Fish Fingers with Potato Wedges & Pantry Ketchup (GL-FI)

VEGETARIAN
Choice

Very Veggie Curry with Rice (GL)

Vegetable Bean Burger with Baby Potatoes (SU-GL-SE)

Vegetable & Potato Topped Pie with Gravy (GL-SU)

Tomato & Vegetable Pasta (GL)

Quorn Sausage with Potato Wedges & Pantry Ketchup (GL-EG-MI)

JACKET
Potato

Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)

Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)

Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)

Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)

Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)

VEGETABLES

Carrots & Green Beans

Broccoli & Peas

Carrots & Broccoli

Peas & Cauliflower

Peas & Sweetcorn

DESSERT

Fruit Yoghurt (MI)

Chocolate & Banana Cake (GL-EG-MI-SO)

Oaty Cookie (GL)

Ice Cream (MI)

Fresh Fruit



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12th Sep - 3rd Oct - 24th Oct - 14th Nov - 5th Dec - 26th Dec - 16th Jan - 6th Feb

WEEK 3

PRIMARY SCHOOL MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT Choice	Beef Burger with Baby Potatoes (GL-SO-SU-SE)	Flaked Salmon Fillet with Broccoli Rice (FI)	Roast Chicken with Roasted New Potatoes & Gravy	Chicken & Melted Cheese Pizza Baguette (GL-MI-SO)	Battered Fish Fillet with Chips & Pantry Ketchup (GL-FI)
VEGETARIAN Choice	Tomato & Cheese Pasta Bake (GL-MI)	Margherita Pizza with Pasta Salad (GL-MI-SU)	Quorn Sausages with Roasted New Potatoes & Gravy (GL-EG-MI)	Coconut & Chickpea Curry with Rice (SU)	Quorn Nuggets with Chips & Pantry Ketchup (GL)
JACKET Potato	Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)	Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)	Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)	Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)	Jacket Potato with Beans, Tuna Mayonnaise or Cheese (MI-EG-FI)
VEGETABLES	Carrots & Green Beans	Cauliflower & Peas	Carrots & Broccoli	Peas & Cauliflower	Peas & Sweetcorn
DESSERT	Fruit Yoghurt (MI)	Lemon Drizzle Cake (GL-EG-MI-SO)	Fruit Jelly	Winter Berry Eton Mess (GL-EG-MI-SO)	Fresh Fruit



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